

# Resources for Seniors

Gill-Montague Senior Center, 62 Fifth St., Turners Falls  
413 863-9357  
[gillmontaguecouncilonaging.org](http://gillmontaguecouncilonaging.org)

Life Path  
413 773-5555  
[lifepathma.org](http://lifepathma.org)

Updated fall 2023

## Hot Meals

**Meals on Wheels** [lifepathma.org](http://lifepathma.org) 413 773-5555

Hot lunch delivered five days a week if you are over 60 and unable to cook for yourself.  
Optional: second meal, frozen weekend meals. Free or voluntary donation

**Pizza Party** [gillmontaguecouncilonaging.org](http://gillmontaguecouncilonaging.org)

Once a month at the senior center. Small fee.

**Stone Soup Café** [thestonesoupcafe.org](http://thestonesoupcafe.org)

Gourmet hot lunch every Saturday in Greenfield. Optional: pick-up, delivery. Pay what you can

**Senior Dining Centers** [lifepathma.org](http://lifepathma.org)

Noon meals at various local senior centers w/ reservation. Free or voluntary donation

**Franklin County Community Meals Program** [fccmp.org](http://fccmp.org)

Hot meals served most days of the week in towns around Gill. Optional: pick up. Free

## Groceries

**Brown Bag Program: Food for Elders** [gillmontaguecouncilonaging.org](http://gillmontaguecouncilonaging.org)

Bag of groceries, at the Gill Montague Senior Center once a month. Free if income-eligible

**Senior Farm Share** [gillmontaguecouncilonaging.org](http://gillmontaguecouncilonaging.org)

Fresh produce at the Gill-Montague Senior Center, weekly during the growing season, \$1/week

**Food Pantries** [fccmp.org](http://fccmp.org)

Prebagged groceries, available for pickup most days of the week, in surrounding towns. Free

### **Food Discount**

**Green Fields Market** [franklincommunity.coop/join](http://franklincommunity.coop/join)

10% discount if you are on SNAP or SSI

### **Help with Fuel and Electricity**

**Fuel Assistance and Heating System Programs** [communityaction.us/fuel-assistance](http://communityaction.us/fuel-assistance) 774-2310

Money for fuel and heating system repairs. Must be income-eligible

**“Good Neighbor Energy Fund”** [salvationarmyusa.org](http://salvationarmyusa.org)

Help paying for fuel if you don’t qualify for fuel assistance. Must be low income

**Mass Save** [masssave.com](http://masssave.com) 866 527-SAVE

Energy audit and weatherization materials, Free

75% funding for insulation upgrades, interest-free loans for efficiency upgrades

**Eversource Payment Plans and Assistance** [eversource.com](http://eversource.com) 800 592-2000

20-35% savings on your electric bill if you are on SNAP, MassHealth or SSI

**Tax Credit for Woodstove Purchase** [Sandri Energy](http://SandriEnergy.com) 413 364-3217

Replace your woodstove with an energy-efficient model and get a 22% federal tax credit

### **Adapting your Home for Independent Living**

**TRIAD Medical Equipment Loan Program** 413 774-4726

Borrow a walker, wheelchair, hospital bed, commode... Pickup in Greenfield or delivery. Free

**Home Modification Loans** [mass.gov/home-modification-loan-program](http://mass.gov/home-modification-loan-program) 866 500-5599 (For local help from the housing authority: [fcrhra.org](http://fcrhra.org) 413 863-9781)

Increase safety and accessibility with a ramp, bathroom improvements, etc. 3% interest loans. If low income, 0% interest and no pay-back until home is sold/transferred

**U.S. Dept. of Agriculture Loans/Grants** [rd.usda.gov](http://rd.usda.gov) 413 253-4300

Small grants, 1% loans for home improvements