## Franklin County North Quabbin Age and Dementia Friendly Community Needs Survey -- January 2022

Please note that the black dot on the graph represents the regional proportion, for comparison.

## 2 How old are you?

| 90 years old or more | 38 | $2 \%$ | $2 \%$ |
| :--- | ---: | ---: | ---: |
| 80 to 89 years old | 234 | $12 \%$ | $12 \%$ |
| 70 to 79 years old | 755 | $38 \%$ | $36 \%$ |
| 60 to 69 years old | 673 | $34 \%$ | $34 \%$ |
| 50 to 59 years old | 258 | $13 \%$ | $13 \%$ |
| I'm a caregiver under 50 years old | 24 | $1 \%$ | $1 \%$ |

3 Do you provide or receive any caregiver support? Check all that apply,

|  | Total | Sample proportion | Town-weighted proportion |
| :--- | ---: | ---: | ---: |
| I am the primary caregiver for an older adult | 167 | $9 \%$ | $10 \%$ |
| I am the primary caregiver for child or grand | 67 | $4 \%$ | $4 \%$ |
| I share caregiving duties with another persol | 164 | $9 \%$ | $9 \%$ |
| I am fully independent and don't need careg | 1428 | $79 \%$ | $75 \%$ |
| I receive part-time caregiving support from c | 189 | $10 \%$ | $12 \%$ |
| I receive full-time caregiving support from o। | 21 | $1 \%$ | $1 \%$ |

## 4 Which of these describe your current living situation? Check all that apply

|  | Total | Sample proportion | Town-weighted proportion |
| :--- | ---: | ---: | ---: |
| I live alone | 598 | $30 \%$ | $34 \%$ |
| I live with a spouse/partner | 1141 | $58 \%$ | $52 \%$ |
| I live with family or friends | 181 | $9 \%$ | $10 \%$ |
| I rent my home | 128 | $7 \%$ | $9 \%$ |
| I own my home | 947 | $48 \%$ | $47 \%$ |
| I live in an assisted living facility | 4 | $0 \%$ | $0 \%$ |
| Other situation | 118 | $6 \%$ | $6 \%$ |


| Gill |  |  |  |  |
| ---: | ---: | :--- | :--- | :--- |
| Count |  | Gill $(n=36)$ |  |  |
| 0 | $0 \%$ | $\bullet$ |  |  |
| 4 | $11 \%$ |  |  |  |
| 14 | $39 \%$ |  |  |  |
| 10 | $28 \%$ |  |  |  |
| 8 | $22 \%$ |  |  |  |
| 0 | $0 \%$ | $\bullet$ |  |  |

## Gill

Count Proportion
0 0\%


Gill


5a Have long have you lived in: your current town?

|  | Total | Sample proportion | Town-weighted proportion | Gill |  | Gill ( $\mathrm{n}=36$ ) |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Count | Proportion |  |  |
| Over 15 years | 1335 | 71\% | 67\% | 21 | 60\% |  | - |
| 5 to 15 years | 361 | 19\% | 21\% | 6 | 17\% |  |  |
| Under 5 years | 189 | 10\% | 12\% | 8 | 23\% | - |  |

5b Have long have you lived in: your current residence?


6a As you age, how important is it for you to remain in: your current town?

|  | Total | Sample proportion | Town-weighted proportion |
| :--- | ---: | ---: | ---: |
| Extremely important | 1072 | $57 \%$ | $55 \%$ |
| Somewhat important | 658 | $35 \%$ | $35 \%$ |
| Not important | 166 | $9 \%$ | $10 \%$ |

## 6b As you age, how important is it for you to remain in: your current residence

|  | Total | Sample proportion | Town-weighted proportion | Count | Proportion | Gill ( $\mathrm{n}=36$ ) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Extremely important | 1084 | 57\% | 55\% | 25 | 71\% | - |
| Somewhat important | 631 | 33\% | 33\% | 7 | 20\% | - |
| Not important | 195 | 10\% | 12\% | 3 | 9\% |  |

7 Which of these factors would make you consider changing your current living situation? Check all that apply,

|  | Gill |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Sample proportion | Town-weighted proportion | Count | Proportion |  |  |  |  |
| Cost of maintaining your current home | 918 | 51\% | 52\% | 18 | 58\% |  |  |  | - |
| Desire for a different housing type ( e.g., ass | 794 | 44\% | 43\% | 11 | 35\% |  |  | $\bigcirc$ |  |
| Cost of living in the area | 456 | 25\% | 26\% | 4 | 13\% |  |  |  |  |
| Need for better public transportation | 532 | 29\% | 27\% | 9 | 29\% |  |  |  |  |
| Need for better healthcare services | 360 | 20\% | 19\% | 1 | 3\% |  |  |  |  |
| Need to be closer to family or to have more | 537 | 30\% | 29\% | 6 | 19\% |  |  |  |  |
| Safety or security concerns | 516 | 29\% | 27\% | 10 | 32\% |  |  |  |  |
| Other consideration | 379 | 21\% | 19\% | 6 | 19\% | - |  |  |  |

8 Which of these sources of information do you use to learn about services and programs for older adults in your community? Check all that apply

|  |  |  |  |  | ill |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | Sample proportion | Town-weighted proportion | Count | Proportion |  |  |
| Council on Aging / Senior Center | 930 | 48\% | 52\% | 17 | 49\% |  | $\bigcirc$ |
| Newspaper | 954 | 49\% | 51\% | 24 | 69\% |  |  |
| Town Newsletter | 777 | 40\% | 27\% | 23 | 66\% |  | 0 |
| Friends and Family | 989 | 51\% | 51\% | 16 | 46\% |  |  |
| Internet and Social Media | 1014 | 52\% | 54\% | 19 | 54\% |  |  |
| Television | 298 | 15\% | 19\% | 7 | 20\% | - |  |
| Radio | 200 | 10\% | 12\% | 4 | 11\% | - |  |
| None of the above | 149 | 8\% | 7\% | 2 | 6\% | $\bigcirc$ |  |
| Other source | 194 | 10\% | 9\% | 3 | 9\% | $\bigcirc$ |  |

9a How would you rate your current access to the following? Affordable and trustworthy home modification and repair contractors


9b How would you rate your current access to the following? Seasonal services such as lawn work for older adults


9c How would you rate your current access to the following? Affordable housing options for people with my income level


9d How would you rate your current access to the following? Homes that are built with things like a nostep entrance, wider doorways, and first floor bedrooms and bat


10a How would you rate your current access to the following? Public buildings that are accessible to people with my physical abilities

|  | Gill |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | proportion | Town-weighted proportion | Count | Proportion |  |  |  |
| Excellent | 495 | 28\% | 26\% | 12 | 36\% |  | - |  |
| Good | 899 | 50\% | 51\% | 15 | 45\% |  |  |  |
| Poor | 138 | 8\% | 10\% | 0 | 0\% | $\bullet$ |  |  |
| Unavailable | 25 | 1\% | 1\% | 0 | 0\% | $\bullet$ |  |  |
| I don't know | 226 | 13\% | 13\% | 6 | 18\% | - |  |  |

10b How would you rate your current access to the following? Well-maintained and safe outdoor public spaces with adequate benches and accessibility.


10c How would you rate your current access to the following? Well-lit and accessible streets or roads for pedestrians and people with


10d How would you rate your current access to the following? Easy to read traffic signs and visual cues for pedestrian crossings


## 11 Do you feel safe in your home and community?



13 How do you usually get around for shopping, medical appointments, social events or other things? Check all that apply


14 Are you experiencing any of these difficulties in meeting your transportation needs? Check all that apply


16 Do you have a Village or Neighbor-to-Neighbor support program in your town?


17 If there is/was such a program, would you be interested in joining it? Check all that apply

|  | Total | proportion | Town-weighted proportion | Gill |  | Gill ( $\mathrm{n}=36$ ) |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Count | Proportion |  |  |
| I am already a member of our local Neighboı | 274 | 17\% | 12\% | 5 | 16\% | - |  |
| I would be interested in receiving neighborl) | 451 | 28\% | 31\% | 6 | 19\% | - |  |
| I would be interested in volunteering to sup\| | 669 | 41\% | 44\% | 17 | 53\% | - |  |
| None of the above | 507 | 31\% | 31\% | 8 | 25\% | $\bullet$ |  |

18 Please read these statements and check all that apply

|  | Gill |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Total | proportion | Town-weighted proportion | Count | Proportion |  |  |
| I have a reliable internet connection at homı 1624 | 92\% | 89\% | 31 | 97\% |  | $\bullet$ |
| I have access to a computer, tablet or smart\| 1666 | 94\% | 92\% | 31 | 97\% |  | - |
| I know how to use a computer, tablet or sma 1556 | 88\% | 86\% | 28 | 88\% |  | $\bigcirc$ |
| I can use Zoom or other video chat program: 1390 | 79\% | 74\% | 26 | 81\% |  | - |
| I want to learn how to use new technology $k 527$ | 30\% | 31\% | 4 | 13\% | - |  |

19a How would you rate the region on having the following? A variety of healthcare professionals, including specialists

|  |  |  |  |  | Gill |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | proportion | Town-weighted proportion | Count | Proportion |  |  |  |
| Excellent | 294 | 16\% | 15\% | 7 | 21\% |  |  |  |
| Good | 910 | 51\% | 50\% | 17 | 50\% |  |  | $\bullet$ |
| Poor | 439 | 24\% | 26\% | 6 | 18\% |  | - |  |
| Unavailable | 31 | 2\% | 1\% | 0 | 0\% |  |  |  |
| I don't know | 119 | 7\% | 7\% | 4 | 12\% | - |  |  |

19b How would you rate the region on having the following? Affordable, certified home health care providers
Gill

|  | Total | proportion | Town-weighted proportion | Count | Proportion |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 94 | 5\% | 6\% | 2 | 6\% | $\bigcirc$ |  |
| Good | 351 | 20\% | 20\% | 9 | 26\% | - |  |
| Poor | 356 | 20\% | 21\% | 7 | 21\% | - |  |
| Unavailable | 34 | 2\% | 1\% | 0 | 0\% | - |  |
| I don't know | 941 | 53\% | 51\% | 16 | 47\% |  | - |

19c How would you rate the region on having the following? Health and wellness programs in areas such as nutrition, pain


19d How would you rate the region on having the following? Conveniently located health and social services


19e How would you rate the region on having the following? Accessible mental health support for elders

|  | Total | proportion | Town-weighted proportion | Count | Proportion |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Excellent | 66 | 4\% | 4\% | 1 | 3\% | - |  |
| Good | 258 | 15\% | 17\% | 6 | 18\% | $\bullet$ |  |
| Poor | 365 | 21\% | 22\% | 7 | 21\% | - |  |
| Unavailable | 58 | 3\% | 3\% | 0 | 0\% | $\bullet$ |  |
| I don't know | 1001 | 57\% | 54\% | 19 | 58\% |  | $\bullet$ |

19f How would you rate the region on having the following? Easy-to-find information when looking for services


19g How would you rate the region on having the following? Health and social service providers who speak my language

|  |  |  |  |  | Gill |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | proportion | Town-weighted proportion | Count | Proportion |  |  |
| Excellent | 683 | 41\% | 38\% | 11 | 37\% |  | - |
| Good | 558 | 32\% | 35\% | 11 | 37\% |  | - |
| Poor | 53 | 3\% | 4\% | 1 | 3\% |  |  |
| Unavailable | 23 | 1\% | 1\% | 1 | 3\% | - |  |
| I don't know | 353 | 21\% | 21\% | 6 | 20\% |  |  |

19h How would you rate the region on having the following? Adequate caregiver support (respite services, support groups...)


22 How many times have you used telehealth (communication via phone call/video chat) to talk to a healthcare provider?


23a If you have ever used telehealth, read the following statements and then select your level of agreement. Overall, I had a good experience talking to my healthcare pr

|  | Total | proportion | Town-weighted proportion | Count | Proportion |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Agree | 909 | 70\% | 70\% | 12 | 52\% |  | - |
| Neutral | 323 | 25\% | 24\% | 7 | 30\% | - |  |
| Disagree | 69 | 5\% | 6\% | 4 | 17\% | - |  |

23b If you have ever used telehealth, read the following statements and then select your level of agreement. I would have preferred to see my provider in person


23c If you have ever used telehealth, read the following statements and then select your level of agreement. The telehealth technology was confusing for me to use


23d If you have ever used telehealth, read the following statements and then select your level of agreement. I would use telehealth again in the future, even after the pa


24 How often do you interact with people who do not live with you?


25a How often do you feel the following? I feel lonely

|  | Total |
| :--- | ---: |
| Often | 118 |
| Sometimes | 596 |
| Rarely or never | 976 |


|  | Gill |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | proportion | Town-weighted proportion | Count | Proportion |  |  |
| Often | 115 | 7\% | 9\% | 1 | 4\% | - |  |
| Sometimes | 356 | 22\% | 22\% | 4 | 15\% |  |  |
| Rarely or never | 1183 | 72\% | 68\% | 22 | 81\% |  | - |

25c How often do you feel the following? I feel left out of my community


## 25d How often do you feel the following? I need more help

|  | Total | proportion |  |
| :--- | ---: | :---: | ---: |
| Often | 75 | $5 \%$ | $6 \%$ |
| Sometimes | 443 | $27 \%$ | $29 \%$ |
| Rarely or never | 1121 | $68 \%$ | $65 \%$ |

25e How often do you feel the following? I feel well-supported


26 If you were in trouble or had an emergency, do you have family or friends who can help you at any time of the day or night?

|  | Total | proportion | Town-weighted proportion | Count | Proportion |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Yes | 1399 | 80\% | 80\% | 27 | 87\% |  | - |
| I am not sure | 226 | 13\% | 12\% | 2 | 6\% | - |  |
| No | 132 | 8\% | 8\% | 2 | 6\% | - |  |

27a How would you rate your current access to the following? Conveniently located social and cultural activities for older people

|  |  |  |  |  | Gill |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | proportion | Town-weighted proportion | Count | Proportion |  |  |  |
| Excellent | 174 | 10\% | 12\% | 5 | 16\% | - |  |  |
| Good | 715 | 41\% | 42\% | 19 | 61\% |  |  | - |
| Poor | 381 | 22\% | 21\% | 3 | 10\% |  | - |  |
| Unavailable | 64 | 4\% | 3\% | 0 | 0\% | $\bullet$ |  |  |
| I don't know | 395 | 23\% | 22\% | 4 | 13\% |  | $\bullet$ |  |

27b How would you rate your current access to the following? Events that are affordable to people with my income level


27c How would you rate your current access to the following? Intergenerational activities that involve both younger and older people


27d How would you rate your current access to the following? Social participation opportunities for people who speak my language


27e How would you rate your current access to the following? Fitness and outdoor recreational opportunities


27f How would you rate your current access to the following? Access to computers and the Internet through the senior center, library or other public building


28a How would you rate your current access to the following? Volunteering opportunities for older people

|  | Gill |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | proportion | Town-weighted proportion | Count | Proportion |  |  |
| Excellent | 296 | 17\% | 17\% | 7 | 24\% | - |  |
| Good | 667 | 40\% | 39\% | 12 | 41\% |  | - |
| Poor | 166 | 10\% | 11\% | 1 | 3\% | $\bullet$ |  |
| Unavailable | 35 | 2\% | 3\% | 0 | 0\% | - |  |
| I don't know | 539 | 32\% | 32\% | 9 | 31\% |  |  |

28b How would you rate your current access to the following? Civic engagement opportunities for older people, such as participating in a town committee or council


28c How would you rate your current access to the following? Access to information about town updates

|  | Gill |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | proportion | Town-weighted proportion | Count | Proportion |  |  |
| Excellent | 408 | 24\% | 18\% | 10 | 33\% | - |  |
| Good | 873 | 51\% | 51\% | 17 | 57\% |  | - |
| Poor | 227 | 13\% | 15\% | 0 | 0\% | - |  |
| Unavailable | 18 | 1\% | 1\% | 0 | 0\% |  |  |
| I don't know | 171 | 10\% | 14\% | 3 | 10\% |  |  |

28d How would you rate your current access to the following? Remote engagement options for elders who are home-bound


28e How would you rate your current access to the following? Flexible employment options for older people

|  | Gill |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | proportion | Town-weighted proportion | Count | Proportion |  |  |
| Excellent | 26 | 2\% | 2\% | 2 | 7\% | - |  |
| Good | 162 | 10\% | 11\% | 8 | 28\% | $\bullet$ |  |
| Poor | 285 | 17\% | 18\% | 4 | 14\% | $\bullet$ |  |
| Unavailable | 88 | 5\% | 5\% | 0 | 0\% | $\bullet$ |  |
| I don't know | 1111 | 66\% | 63\% | 15 | 52\% |  | $\bullet$ |

29 Is financial insecurity a worry for you now and as you get older?

|  | Total | proportion | Town-weighted proportion | Count | Proportion |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Financial insecurity is my biggest worry | 232 | 14\% | 16\% | 6 | 20\% | - |  |
| I have trouble getting by each month | 117 | 7\% | 9\% | 2 | 7\% | - |  |
| I feel ok now but I'm worried about the futu | 743 | 44\% | 43\% | 11 | 37\% |  | - |
| I have enough money for necessities and ext | 869 | 51\% | 48\% | 15 | 50\% |  | . |

30 Overall, how would you rate your town as a place for people to live as they age?

|  | Gill |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Total | proportion | Town-weighted proportion | Count | Proportion |  |  |  |
| Excellent | 120 | 7\% | 7\% | 4 | 13\% | - |  |  |
| Good | 746 | 44\% | 46\% | 19 | 61\% |  |  | , |
| Fair | 651 | 38\% | 36\% | 7 | 23\% |  | - |  |
| Poor | 189 | 11\% | 10\% | 1 | 3\% |  |  |  |

32 What is your gender?


33 How many people live in your household, including you?


## 34 How would you describe yourself?

|  | Total |
| :--- | ---: |
| White | 1596 |
| Black / African American | 10 |
| Asian | 7 |
| American Indian or Native Alaskan | 13 |
| Hispanic / Latino | 5 |
| Prefer not to say | 71 |
| Other race | 48 |

35 What languages do you speak at home?


